**F45 Ellisville**

**Now Hiring – Fitness Enthusiast!**

**About us**

F45 Ellisville is a boutique fitness studio located in Ellisville, MO. We are a professional, FUN, customer-centric studio and only employ the best of the best coaches. Our goal is to provide a safe and excellent fitness experience unlike any other! Personal training in a group setting is our JAM! We pride ourselves on building a strong community that fosters personal relationships both inside and outside the studio #membersocials. It’s truly a privilege to be an F45 Fit Fam Team Member! Come make our studio…Your studio!

**Our work environment includes:**

* Growth opportunities
* Regular social events
* Casual work attire (uniform provided)
* On-the-job training
* Relaxed atmosphere
* Company Perks
* Lively atmosphere
* Safe work environment
* Discounts at area businesses

**Job Type:** Part-time

**Compensation:** $30 - $40 per Session

**Need to know:** Must be available to work evenings & at least one weekend a month.

**Coaching opportunities currently available below:**

* Monday & Wednesday (5 p.m. – 6:30 p.m.)
* Tuesday & Thursday (4:30 p.m. – 6:30 p.m.)
* One weekend/mo. (Sat: 8 & 9 a.m. class times and Sun: 9 & 10 a.m. class times)

**License/Certification:**

* Personal training and/or group exercise certification (Required or set to test within 30 days of hire)
* Current CPR/AED (Required)

**Experience level (preferred, but not required):**

* 3-6 months in the fitness industry
* Customer Service Experience
* Knowledge using the SLACK platform for communication

**Responsibilities:**

* Excellent customer service
* Passion for fitness
* Ensuring clients are training safely and with proper form
* Ability to demonstrate and explain proper form for programmed movements
* Ability to spontaneiously offer regressions / progressions to clients
* Comfortable giving a verbal introduction of the class to a group of people
* Detailed with communication and follow-up for guests & members
* Ensuring cleanliness and proper care of the studio and equipment
* Utilizing social media and maintaining a strong social media presence
* Take at least 2 classes per week
* Complete the F45 online Academy
* Strong time management skills
* Keep studio in immaculate condition at all times (Clean, stocked, organized & tidy, etc.)

**Benefits:**

* Complimentary membership for you & spouse/family
* Discounts on nationally accredited certifications & CEU’s
* On the job training / mentoring opportunities

SEND RESUME TO:

[Lremley@F45training.com](mailto:Lremley@F45training.com)